



SACRED

Woman

GET OVER YOUR EX AFFIRMATIONS



My ex is unattractive

My ex does not deserve me

My ex is no longer in my energy

I am single, sexy, and powerful

I am redirecting my sexual energy
towards myself

My value and worth does not
decrease because of my ex's
inability to see it

I am sensual

I embody seductive energy

My body is sacred

The best revenge is loving myself



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