

I am Queen

DAILY SELF-LOVE AFFIRMATIONS

LOVE

Today, I put on my crown.
I am worthy of love, joy, &
respect.

THY

I choose to stop apologizing
for being me.

SELF

I feel powerful and confident.
I am grateful for my body.
I am proud of my body.

QUEEN

There is not a challenge that I
cannot overcome.
I am a conqueror.

